

Amargosa Valley Town Office
821 East Farm Road
Amargosa Valley, NV 89020

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AMARGOSA VALLEY NEWSLETTER

JULY 2018

MEETINGS AND EVENTS

<u>DATE</u>	<u>EVENT</u>	<u>TIME</u>	<u>LOCATION</u>
	EVENTS COMMITTEE	NO MTG TILL SEPTEMBER	
	AMERICAN LEGION	NO MTG TILL SEPTEMBER	
2-6	VBS	9:30 AM - 11:30 AM	
4	4TH CELEBRATION	4 PM	PARK
5	AVFD MEETING	6 PM	FIRE HALL
7	ARCHERY	8:30 AM	PARK
10	RADIO CLUB	6 PM	COMMUNICATIONS CTR
11	WATER GAMES	4 PM - 6 PM	PARK
16-19	KICKBOXING	TBD	COMMUNITY CENTER
18	TOURISM COMMITTEE	6 PM	COMMUNITY CENTER
18	WATER GAMES	4 PM - 6 PM	PARK
23-26	GREAT GAMES	10 AM - 4 PM	PARK/COMMUNITY CENTER
26	AVTB	7 PM	COMMUNITY CENTER

*Did you know you can access the Amargosa Valley Medical Clinic front desk staff by calling 372-5432 hit option "0" then option "0" again to bypass the call center. *I apologize, the number was incorrect in last month's newsletter. - Leslie*

Amargosa Christian Fellowship

707 E. Farm Road

Sunday Worship: 10:00 a.m.

Tuesday Ladies' Bible Study: 6:30 p.m.

Wednesday Morning Bible Study: 10:00 a.m.

Wednesday Evening Bible Study: 6:30 p.m.

Pastor: James Attebury

Website: <http://www.amargosachristianfellowship.com>

The purpose of Amargosa Christian Fellowship is to teach the Bible to believers; edifying, instructing, and discipling them towards maturity in the faith. To represent Christ and teach the truths of the Gospel to our community. To further the cause of Christ throughout the world.

MARK YOUR ADDRESS

You think you're having a "heart attack", you call 911 and give them your name and address. Unfortunately your house, gate, fence etc. doesn't show an address and emergency vehicles waste precious time trying to find you.

Every day in "Nye County" and yes "Amargosa" too, emergency vehicles from the fire department to the ambulance drive up and down our roads looking for addresses.

You are putting your life at risk and wasting precious minutes.

Take a small board and spray paint your numbers on it and put it in front of your house or on your house, hang it on your fence or gate. You can get more creative and buy big pretty numbers and mount them on your house or a board.

Do something so people can easily find you.

FOR SALE

The Town is selling a smith "coronamic" electric typewriter with a suggested price of \$35.

They are also selling a Brother electric typewriter for \$35. If you are interested please call Pat at 372-5401

⇒ EDITOR & LAYOUT - LESLIE SCOTT. PROOF-READER - JAMES ATTEBURY. PLEASE SUBMITT ARTICLES TO : SUBMISSION.AV.NEWSLETTER@GMAIL NO LATER THAN THE 24TH OF THE MONTH.

⇒ WE ARE IN NEED OF ARTICLES. PLEASE HELP BY SUBMITTING A PIECE OF INTEREST, OR AN OPINION PIECE ON OR ABOUT THE VALLEY AND SURROUNDING AREAS. .

⇒ AD PRICES: 1/8 OF A PAGE IS \$15 FOR B&W AND \$40 FOR COLOR. 1/4 OF A PAGE IS \$25 FOR B&W AND \$50 FOR COLOR. 1/2 OF A PAGE IS \$50 FOR B&W AND \$75 FOR COLOR. FULL PAGE IS \$100 FOR B&W AND \$150 FOR COLOR. RELIGIOUS AND NON-PROFIT AD'S ARE FREE UNLESS IN COLOR, THEN \$50. PAYMENT MUST BE MADE TO THE TOWN OF AMARGOSA AND SHOULD ACCOMPANY AD. FOR NEW BUSINESS 1ST 1/2 PAGE AD IS FREE.

The Newsletter is looking for a volunteer to take over as editor/layout or to help by switching months with the current editor. Please email @ submission.av.newsletter or call Leslie @ 775-372-5340.

The Three Little Pigs

We have several animal lovers in the valley that would drop everything to help a lost pet, usually a beloved pooch. However, in the case of three little pigs, the 3rd little piggy escaped her safehouse, wandering over two miles thru the desert, in the heat, ending up 24 hours later in a yard that actually belongs to one of our animal lovers. With his help, along with the piggy's owner, and the help of a neighbor, these three mighty men were able to catch the wee one, and take her to her home, safe from . . . well, you know the rest.

A Happy tail by Mo Morrison

Chip Seal/Pavement of the Amargosa Farm Rd from School Lane to Saddleback

I really appreciate the new road from 373 to School Lane and would like to see the rest of the road in the same condition. So, I contacted Lynnette Atkinson of Nye County Public Works and she sent me a petition from which I would like to put before other residents and see if they would also like to see the work extended to Saddleback. Run it by our Town Board and Planning then submit it to the County Commissioners to be presented to Public Works.

I will have a signup sheet around as well as contacting residents directly affected by the improvement.

Thank you, Tom Smith.

Silver Crickets

I believe in the care of the wild, the frogs can turn into princes, and there is moonlight on raven's wings.

I'm convinced there are treasures cloaked deep in the earth of streambeds, there are mysteries in musty attics, and legends on heathered hills.

I know there is gold at the end of rainbows, laughing ghosts inhabit old castles, and that silence can scream if you listen.

I feel there are messages walking among old bones, there are ancient teachers hidden in stones, and beneath my feet are storytellers, as if something tries to talk to me on every path I take.

I know that mountains are old and this makes me young, and many roads sense the way though I do not. I'm sure that Pegasus does indeed fly among the stars on crystalline nights, and the moon is made of cheese.

It must be so that there is a remote bell tower that casts its shadow on an invisible path were hawkmoths sip the wine of wild blossoms on a lantern-lit night, and an old grandfather clock is ticking in someone's cottage along a road to the sea.

It's likely that it must be elves' breath that mingles with the mist from places deep, and all these things dream in me as if I were asleep, although I stand here with my eyes wide open during intermission from the sun.

Gladyce Friedman

New Life Thoughts

Why am I excited about New Life? In the first place, I am now embarking on a journey of new life. Yes, at the age of 72, I am experiencing new life and I can best sum it up by sharing the thoughts from the Preface of the Recovery Bible by David A. Stoop and Stephen F. Arterburn.

I, like many in recovery, am just waking up to the fact that recovery is an essential part of life for everyone. It is the simple but challenging process of daily seeking God's will for my life instead of demanding to go my own way. Recovery is letting God do for me what I cannot do for myself while also taking the steps necessary to draw closer to our Creator and Redeemer.

It is allowing God to heal my wounded soul, so I can help others in the healing process. Healing is an inherent part of being human; physical, mental, emotional and spiritual. New Life for me is wellness. Six years of sobriety is nothing to brag about, but it is a lot better than the 50 years that proceeded those six years. I went from hopelessness to hopefulness and I want you to know there is hope.

Submitted by Tom Smith

MENU - AMARGOSA SENIOR CENTER

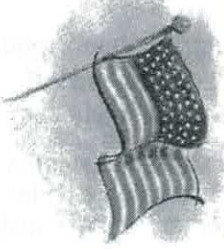
443 Desert Senior Lane - Amargosa Valley, NV 89020

775-372-5413

ADSD Approved

JULY 2018

Congregate DINNER Served: MON - THU 4:30 PM TO 5:30 PM
Congregate BREAKFAST Served: FRI 9:00 AM TO 10:00 AM

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Jul 02	#46	Jul 03		Jul 04	#123	Jul 05		Jul 06
Lemon Baked Fish WW Roll Green Peas Long Grain Brown Rice Tossed Salad Creamy Italian Dressing Grapes		Lasagna Chopped Spinach Garlic Bread Fresh Orange Garden Salad w/LFLS Ital. Dress.		INDEPENDENCE DAY *** CLOSED ***		Baked Chicken Tenders French Baked Potatoes Mixed Grn. Salad w/Honey Dress Carrotand Raisin Salad Cracked Wheat Bread Smart Balance Unsalted Baked Banana Pudding		French Toast Scrambled Eggs LS Bacon Pears (x3) Oatmeal	**Breakfast**
#128	Jul 09		Jul 10	#20	Jul 11		Jul 12		Jul 13
Chicken Noodle Soup French Bread Pizza Colorful Salad Yogurt Pop Orange Juice		Sweedish Meatballs Noodles Steamed Broccoli Peaches Fresh Banana		Baked Pork Chop Pureed Butternut Squash Layered Salad 100% WW Bread Baked Banana		Grilled Hamburger Mixed Grain Bun Lettuce & Tomato Salad Baked Beans Deviled Eggs Grapefruit & Orange Sections		**Breakfast** Biscuits & Gravy Scrambled Eggs Oatmeal & Raisins Pineapple Chunks (x2)	
#102	Jul 16		Jul 17	#83	Jul 18	#23	Jul 19		Jul 20
Chicken & Dumplings Green Peas Carrot and Raisin salad WW LS Crackers Grapee Fruit Sections		Beef Tacos w/ Thick and Chunky Salsa Guacamole Refried Black Beans Mexican Corn Saurte' Fruit Cocktail		Turkey Pot Pie Mixed Green Salad FF Creamy Italian Dressing 7 Grain Bread Orange Mango Cup		Beef Stir Fry Steamed Brown Rice Beet Salad Mandarln Oranges		**Breakfast** Mexican Egg Casserole LS Sausage Home Fries Pineapple Chunks x2 Oatmeal Orange Juice	
	Jul 23	#3	Jul 24		Jul 25	#37	Jul 26		Jul 27
Turkey Fajita Spanish Rice Ranch Style Beans Chopped Spinach French Dressing Pears		Baked Meat Loaf Mashed Potatoes Steamed Spinach 100% WW Bread Chantilly Fruit Cup		Onion Soup Chicken Salad Sandwich Baby Carrots Celery Sticks Pink Grapefruit Sections		Chili Cheese Baked Potato Steamed carrots WW Banana Muffin FF Blueberry Yogurt Orange Banana Juice		**Breakfast** Scramb Eggs w/Peppers/Onions Hash browns WW Bagels FF Cream Cheese Strawberry Jelly Pineapple Chunks x2	
#149	Jul 30	#13	Jul 31			MENU SUBJECT TO CHANGE 1% Milk, Tea & Lemonade Served Daily Salad \$1.00 When Not on Menu		A \$3.00 Donation for Seniors Over 60 Years of Age Is Suggested A \$6.00 Fee Is Required for Non-Seniors Call for More Information	
Roast Pork Tenderloin Potato Salad Honey Dijon Veggies Spring Salad Tangy Yogurt Salad Dressing Simmered Beans w/Bacon Tropical Fruit Cup		Turkey Chili Corn Bread Mixed Green Salad LSIF Italian Dressing Ambrosia							

The Nevada Health Centers Mammovan is Coming to Your Neighborhood!

Early Detection is the Best Protection!

The Mammovan will be in YOUR neighborhood on:

DATE: Thursday, July 12, 2018

HOURS: 9:00 am to 3:40 pm

LOCATION: Amargosa Valley Medical Center

845 E. Amargosa Farm Road, Amargosa Valley, NV 89020

Facility Parking Lot

For an appointment, please call:

Nevada Health Centers Mammovan

877.581.6266

Go to nvhealthcenters.org/services/mammovan/ for the current calendar of Mammovan events

GET YOUR MAMMOGRAM TODAY!

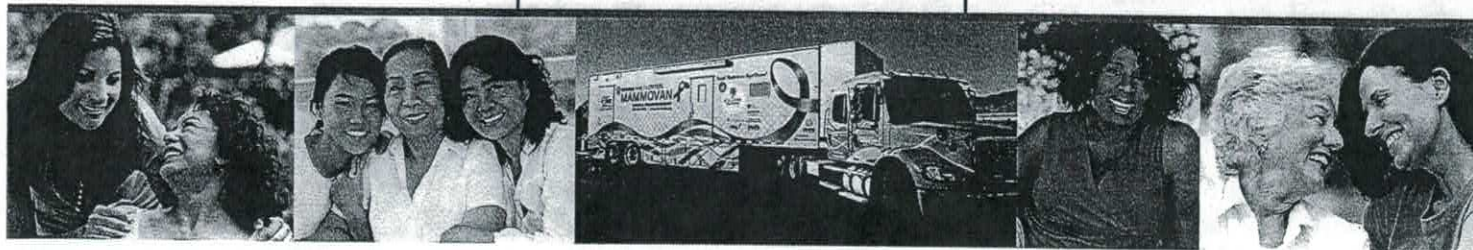
Please be sure you have all of the following with you upon arrival to ensure a smooth check in experience:

Acceptable Methods of Payment:

- Women 40 and over require NO referral. Women 39 and under, or men, MUST present a physician (PCP) referral
- Must be at least 366 days since last screening
- NO minors can be left unattended and they may NOT accompany you into the exam room
- Results are mailed directly to you and your PCP / Specialist

- Current & valid government issued photo ID
- Current insurance card (if applicable)
- Completed registration forms (available online at nvhealthcenters.org/services/mammovan/)
- Name & phone number of your Primary Care Physician (PCP)

- Medicare • Medicaid • Sliding Fee Scale
- Women's Health Connection (WHC)
- Most major insurances – Yearly Preventive Screenings are covered under most insurances, however, verify your coverage prior to your appointment to assure the Mammovan is an accepted provider.
- Individuals **NOT COVERED** by health insurance may qualify for a "no charge" screening.



NEVADA HEALTH CENTERS
MAMMOVAN
ON THE MOVE IN NEVADA

¡El Mammovan de Nevada Health Centers estará en su vecindario!

¡La mejor protección es la detección temprana!

El Mammovan estará en su vecindario el:

DÍA: **jueves, el 12 de julio, 2018**

HORA: **9:00 am - 3:40 pm**

LUGAR: **Amargosa Valley Medical Center**

845 E. Amargosa Farm Road, Amargosa Valley, NV 89020

estacionamiento de la instalación

Para programar una cita por favor llame al:
Nevada Health Centers Mammovan

877.581.6266

Vaya a nvhealthcenters.org/services/mammovan/ para obtener el programa vigente de los eventos del Mammovan

¡HÁGASE HOY UNA MAMOGRAFÍA!

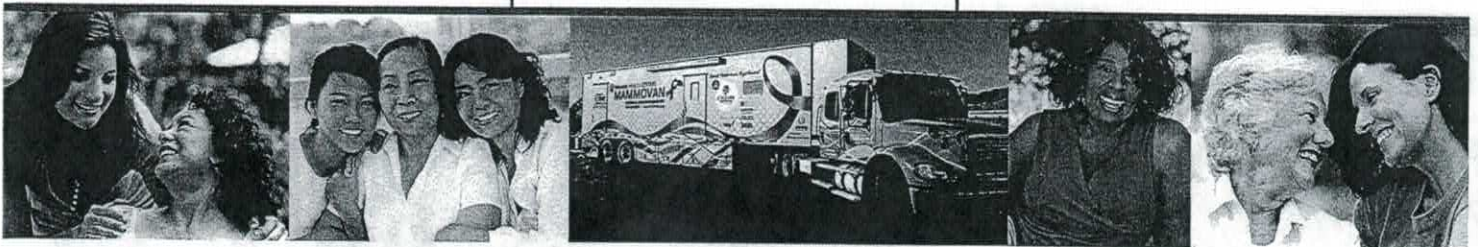
- Mujeres de 40 años de edad y mayores de dicha edad NO precisan derivación médica. Mujeres de 39 años de edad y menores de dicha edad u hombres, DEBEN presentar la derivación de su médico de atención primaria (PCP, sus siglas en inglés).
- Debe haber transcurrido por lo menos 366 días desde el último examen.
- Menores de edad no pueden ser desatendidos y NO pueden acompañarle a la sala de examen.
- Usted y su PCP/especialista recibirán directamente los resultados por correo.

Por favor asegúrese de tener todo lo siguiente con usted a su llegada para asegurar un control suave en la experiencia:

- Identificación actual y válida que tenga una fotografía y que haya sido emitida por el gobierno
- Tarjeta actual del seguro médico (si corresponde)
- Formularios de registración debidamente completados (disponibles en Internet en nvhealthcenters.org/services/mammovan)
- Su nombre y número de teléfono de su Doctor Primario

Formas de pago:

- **Medicare** • **El Programa de Bajos Recursos**
- **Medicaid** • **Women's Health Connection (WHC)**
- **Mayoría de seguro médico** - Exámenes preventivos anuales están cubiertos por la mayoría de los seguros, sin embargo, verificar su cobertura antes de su cita para asegurar la Mammovan es un proveedor aceptable.
- **Personas SIN SEGURO MEDICO** podrán reunir los requisitos para recibir una mamografía gratuita.



NEVADA HEALTH CENTERS
MAMMOVAN
ON THE MOVE IN NEVADA